

**LLOYD D BRENDEN, MD
DERMATOLOGY
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OFFICE TELEPHONE (480) 985-9492

TREATMENT OF SKIN GROWTHS BY FREEZING (CRYOTHERAPY)

Liquid nitrogen has been applied to a growth or growths on your skin today. This may or may not result in a blood blister. If you had more than one spot treated, each may look different after treatment. The response to treatment depends on the size of the growth, thickness, location and length of time the liquid nitrogen was applied.

No special care of the treated skin is required. There are no restrictions on your activities. If a blister forms and then breaks, it may drain a clear or blood-tinged fluid. This is normal. If this happens, wash the area gently with soap and water and cover with a bandage if needed. A scab or crust will eventually develop and this will fall off after a few weeks.

If you think the area may have become infected (if you notice red streaks, warmth, increased tenderness) or if you have any concerns about the healing process, please call the office so we can have you come in for Dr Brenden to check it.

If the treated growth should worsen after treatment by cryotherapy or fails to resolve after a month, please call the office for an appointment for it to be reevaluated by Dr Brenden. The office phone number is (480) 985-9492.