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* _____ Call in 2-3 days for results.

* _____ Please schedule Post-op.

WOUND CARE INSTRUCTIONS (Granulating Wounds)

WOUND CARE: Your biopsy or treatment site will be healing and growing in over the next few weeks. During this time, keep it clean and keep it covered. Wash the area gently with soap and water, pat it dry, apply a small amount of Vaseline or Aquaphor ointment and cover with a bandaid. Leave the bandaid on as long as it will stay on, then when it comes off clean wound with water and apply vaseline or Aquaphor and new bandaid. It's okay for bandaid to get wet in the shower. Avoid swimming pools and tub baths until healed or use a waterproof dressing. Wounds heal nicer and faster when kept covered. Do not leave "open to the air."

WHAT TO EXPECT: Slight tenderness and bruising may occur. It's normal to have a small rim of redness around the site and for the center to be yellowish white. The site may ooze or bleed slightly. This is normal as well. An ice pack or package of frozen peas over the dressing for 20 minutes at a time will help minimize swelling and bruising.

BLEEDING: We may have applied a secondary "pressure" dressing to minimize bleeding. If persistent bleeding occurs, apply very firm pressure right over the dressing for 15 minutes by the clock. Repeat if bleeding persists. Then apply a clean bandage and put an ice pack on top of the dressing for 20 minutes. Sit and relax, decrease your activity for several hours.

WHEN TO CALL: Call our office if you have any questions or concerns, such as increased redness or heat in the area, or are concerned it may have become infected.

Otherwise, call our office in two-three days for results. Let us know if you are experiencing anything that concerns you.